## **BALTIC STATES SWIMMING CHAMPIONSHIPS 2019**

Expected dates: 22.-23. March, 2019

Place: Tartu

Venue: 50 m indoor pool, 8 lanes. 25 m indoor warm down pool (depth 0,60-0,90m)

**Age groups:** open, juniors and youth Juniors – girls 2002-2003, boys 2001-2002

Youth – girls 2004 and younger, boys 2003 and younger

**Program:** 4 sessions

Prelims in the mornings, finals in the evening.

Finals will be held only for open age group. In afternoon sessions will be A and B finals in 50 m and 100 m distances, A final in 200 m and 400 m distances.

Relay events for juniors and youth teams will be in morning sessions. It is allowed to choose juniors and youth swimmers in open group relays in the afternoon sessions.

DAY I 22th March 2019 (Friday)					DAY II 23th March 2019 (Saturday)			
PREL		•	FINALS	PRELIMS			FINALS	
Warm-up 8.45-9.55			Warm-up 16.00-16.55	Warm-up 8.45-9.55			Warm-up 16.00-16.55	
Start: 10.00			Start: 17.00	Start: 10.00			Start: 17.00	
1.	100 free M		100 free M, A+B	18.	100 free W		100 free W, A+B	
2.	200 free W		200 free W, A	19.	200 free M		200 free M, A	
Award Youth and Junior			Award OPEN	Award Youth and Junior			Award OPEN	
3.	200 breast	M	200 breast M, A	20.	200 breast W		200 breast W, A	
4.	100 breast W		100 breast W, A+B	21.	100 breast M		100 breast M, A+B	
Award Youth and Junior			Award OPEN	Awar	d Youth and Junio	r	Award OPEN	
5.	100 Back M		100 Back M, A+B	22.	100 Back W		100 Back W, A+B	
6.	200 Back W		200 Back W, A	23.	200 Back M		200 Back M, A	
Award Youth and Junior			Award OPEN	Awar	d Youth and Junio	r	Award OPEN	
7.	200 Fly M		200 Fly M, A	24.	200 Fly W		200 Fly W, A	
8.	100 Fly W		100 Fly W, A+B	25.	100 Fly M		100 Fly M, A+B	
Award Youth and Junior			Award OPEN	Award Youth and Junior			Award OPEN	
9.	400 Free M		400 Free M, A	26.	400 Free W		400 Free W, A	
10.	50 Free W		50 Free W, A+B	27.	50 Free M		50 Free M, A+B	
11.	50 breast M (only		50 breast M (OPEN),	28.	50 breast W (OPEN)		50 breast W (OPEN).	
	OPEN)		A+B				A+B	
Award Youth and Junior			Award OPEN	Award Youth and Junior			Award OPEN	
12.	200 IM M		200 IM M, A	29.	200 IM W		200 IM W, A	
13.	400 IM W		400 IM W, A	30.	400 IM M		400 IM M, A	
14.	50 Fly M		50 Fly M (OPEN), A+B	31.	50 Fly W (only OPEN)		50 Fly W (OPEN), A+B	
	(only OPEN)							
15.	50 Back W		50 Back W (OPEN), A+B	32.	50 Back M		50 Back M (OPEN), A+B	
	(only OPEN)				(only OPEN)			
16.	4x100	Youth	4x100 medley M (OPEN)	33.	4x100	Youth	4x100 medley W (OPEN)	
	medley M	Junior			medley W	Junior		
17.	4x100	Youth	4x100 free W (OPEN)	34.	4x100 free M	Youth	4x100 free M (OPEN)	
	free W	Junior				Junior		
Award Youth and Junior			Award OPEN	Award Youth and Junior			Award OPEN	
			TEAMS and BEST Perfo	rmanc	es award ceremo	nies		

**Minimum level for participating:** The minimum level to enter swimmers in all age groups to the competitions is 525 FINA points. This results must have been achieved in last 15 months in 50 m pool. If the 525 points are achieved only in one event, the swimmer may choose one second event with less points.

If in some event is not achieved 525 points, each country may enter anyway max 2 swimmers.

Entry fee per person: 10 euro

**Awards:** The winners in junior and youth age groups will be determined in the preliminaries. Three fastest swimmers and relay teams in all age groups will be awarded with medals. In open age group finals (evening session) 16 fastest swimmers can participate by preliminaries, regardless of age or country.

**Team scoring:** In junior and youth age groups 8 fastest swimmers (regardless of country) in individual events will bring points for their team as follows: 17-15-14-13-12-11-10-9 and fastest teams from every country in relay events will bring points for their team as follows: 34-30-28 In open age group, in finals all 16 participants will bring points for their team in individual events as follows: 17-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 and in relay events fastest teams from every country as follows: 34-30-28.

If the event is only with A final, then also the places 9.-16. by prelims will bring points. The mumber of teams per country is not limited, but only the fastest team from each country will bring points.